

Beyond your imagination

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TREKKING KILIMANJARO - What you need to know



Our supplier knows this mountain well, and the people who operate the actual climbs are dedicated people with your interest at heart. Their combined expertise, dedication and advice give you a better than average chance of success. Do it properly the first time!

Health requirements

- Yellow fever inoculation certificates are still checked on arrival in Tanzania. Check before travelling for the latest update. Yellow fever should be administered 10 days before travel.
- Tanzania is a Malaria area - speak to your dr.

What to expect when trekking

- Do not buy all the equipment you might need since down jackets, sleeping bags etc. are available to rent.
- Take it slow - if your guide tells you to Pole Pole, listen to his advice. When it comes to altitude trekking, it is not the hare that wins the race!
- Ablution facilities on the mountain is very basic, do not expect to travel up in style - our operators will make sure you are cared for while also taking the environment in consideration.

What to wear

- Sturdy, waterproof boots that are well worn in
- We have a very detailed kit list on hand - please contact us for more details.

The Guides, Porters & Tipping

- It is hard to imagine the sheer number of crew required to run a safe operation! E.g. for 4 climbers: 14 porters, one cook, one head guide, two assistant guides is required!
- In accordance with the Kilimanjaro Porters Assistance project, tips are paid to the head guide after completing the relevant form with the amount you gave. This ensures fair distribution within the group. Full details available on request.

Travel Insurance

- Travel Insurance is compulsory and should cover you for climbing Kilimanjaro and evacuation.

